



KEMPETTES NEWS

SPRING 2022



CONTACT US

Website

barriekempettes.ca

Phone

705-726-0370

Facebook

[@barriekempettes](https://www.facebook.com/barriekempettes)

Instagram

[@barriekempettes](https://www.instagram.com/barriekempettes)

Twitter

[@BKempettes](https://twitter.com/BKempettes)

Uplifter

barriekempettes.uplifterinc.com

Office Manager

Lauren Paget

barriekempettes@csolve.net

Head Coach

Kim Poole

kimp@csolve.net

Recreational Director

Tami Smitten

officea@csolve.net

Link Tree

linktr.ee/barriekempettes

Office Hours

Monday – Thursday
9:00–3:30

Closed

Friday, Saturday, Sunday



@BARRIEKEMPETTES



@BARRIEKEMPETTES



@BKEMPETTES

FOLLOW US!

STAY UP TO DATE
AND IN THE KNOW
WITH ALL THINGS
KEMPETTES!

Club Closures

May 21st, 22nd, 23rd – Victoria
Day Weekend

May 27, 28, 29 – NO Preschool &
Recreational Classes – Rec Coach Course
June 1st – BKGC Members Meeting/Kash for
Kempettes Draw @ 7:30pm

SUMMER KAMP 2022

Week 1 The ABCs of Gymnastics

Week 2 Games Extravaganza

Week 3 Wacky Water

Week 4 Reptiles and Dinos

Week 5 Wild Wild West

Week 6 Exploring Canada

Week 7 Rock your Socks

Week 8 All things Bright

Week 9 Wizards, Witches, Warlocks + Fairies



FUNDRAISING

MacGregors Meat & Seafood

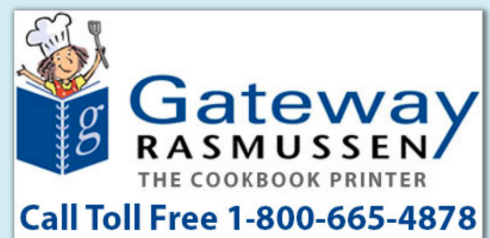
Orders Due May 5th by 4:00pm
Delivery Date May 17th at 5:30pm TBC



Kempettes Cookbook

cookbookprinter.com

Login - BKGC Password - 1Kempettes!
Submit your favourite recipes for a
chance to win a surprise gift basket!



Big Yellow Bag - Give and Grow

bigyellowbag.com

Code BKGC2022



TWIGZ Craft Pretzels

No pick up! Delivered right to your house!
Use our unique web link found on our
website or at the link in our bio of our social
medias or order through the club to
avoiding shipping costs.
Order form on our website.
Orders due May 9th @ 4:00pm



Jays Sticky Buns

Purchase \$10 & \$20 Gift Cards
Orders Due May 24 by 4:00pm
Pick up June 7th 4:00 - 6:00



FlipGive

Purchase a gift card from the site and use immediately! There are tons of companies to choose from... don't forget to use code HITUE4 at checkout!



Barrie Bay Cats

BKGC has partnered with the Barrie Bay Cats for their upcoming season. Purchase your tickets now at the link in our bio on our social medias or head to the fundraising section of our website.



Chicken on the Run

Support local and have it delivered right to your door!
Order online at chickenontherun.ca and use code BKGC2022 at checkout!



BIRTHDAY PARTIES

Main Gym or FlipSide?
Check out our website for details
on our different packages!
Contact the Main Office
barriekempettes@csolve.net

SWAG SHOP HOURS

Located in the upstairs lobby of the FlipSide.

Monday May 2nd 6:00–8:00

Wednesday May 11th 5:00–7:00

During these hours you can also pick up your mandatory fundraising items

Keep an eye on our social media for new dates and times as we announce them.

REMINDER

Please no photography or videography.
Thank you for your cooperation.

PA CAMP

June 3rd, 2022

Spend the day at Kempettes

Register on Uplifter



BKGC BOTTLE DRIVE

Where – BKGC Facility

Date – May 28th

Time – 11:00 to 1:00



It's Competition Season

2nd Ontario Cup: April 29 – May 1

MAG Woodbridge Invitational: May 1

Spring Cup: May 6 – 8

WAG Ontario Championships L6+: May 19 – 22

WAG Ontario Championships L3-5: June 2 – 5

T & T Ontario Championships: June 3 – 5

Gymnastics Energy MAG Invitational: June 11

Want to know how well our athletes are doing?
Stay up to date with the meet results by visiting our
website and checking out the RESULTS tab at the top!

Join the Kempettes Team

CIT Program

- Must be the age of 14 years and going into grade 9
- 40 hours of volunteering is required and can be used for high school hours
- Must commit to our coaching contract form
- Criminal Record Check is required
- Is responsible to find own spares if going to be away on one of your scheduled coaching sessions
- Will help to plan and instruct the class with the assistance of the coach

Contact Kim Poole at kimp@csolve.net if you're ready to start your coaching career.

TEAM TRYOUTS

Our team programs are in high demand with limited spaces available. We hold tryouts for our teams every year, which enables coaches to select the best athletes for our programs. Coaches are looking for athletes who show gymnastics ability and commitment to train more hours per week (and have fun at the same time). **Try outs dates and times will be released soon.. watch for details.**

Team Showcase

Tuesday June 14th!!

Come out and support our athletes and celebrate all of their accomplishments this season! This is an evening of gymnastics displays including athletes from all of our team programs such as MAG, Tumbling, Interclub, and our WAG programs. BKGC Swag will be available to purchase this night as well. Can't wait to see you there!



**HELLO
Spring**

